### **Kiwanis Park Recreation & Community Center**

6111 S. All-America Way Tempe, AZ 85283 • 480-350-5201

Visit us on-line at www.tempe.gov/pkrec/krc

#### **Kiwanis Park Recreation Center** 480-350-5201

The Kiwanis Park Recreation Center is located in the southern portion of the beautiful 125 acre Kiwanis Park. The Park is located between Baseline and Guadalupe Roads off Mill Avenue. This community recreation center offers a wide variety of amenities including a basketball/volleyball gymnasium, an indoor heated wave and lap pool, an award winning tennis center with 15 outdoor lighted tennis courts and a Pro-Shop with swimming and tennis products including racquet-restringing services. Complete locker and shower room facilities are available for patrons. While food may not be brought into the building, there is a fullservice concession open during wave pool hours and catering service is available for private and corporate rentals. For more information on catering please call 480-350-5791.

Admission fees are required to use and/or attend programs within the center. Areas of the center (as well as the entire center) are available for private group rentals. Contact 480-350-5791 for details.

Note: KRC reserves the right to alter and revise hours of operation with appropriate notice.

#### Private Parties at KRC 480-350-5791

\*Fun\*Exclusive\*Special Moments\*

- Family Reunions Graduation Socials
- Baptisms Bat mitzvahs / Bar mitzvahs
- Corporate/Family Picnics Birthday Parties
- Class Reunions School Parties



#### Facility Information 480-350-5201 Sept.-Dec. 2004 Facility Hours

Monday-Thursday 7am-10pm Friday <sup>'</sup> Saturday 8am-6pm Sunday 9am-4pm

#### **Holiday Hours:**

Monday, Sept. 6 12-6pm Facility will be closed on the following days: Thurs., Nov. 11, Thurs., Nov. 25, Fri., Nov. 26, Fri., Dec. 24, Sat., Dec. 25, Fri., Dec. 31, Sat., Jan. 1.

> **Tennis Information** 480-350-5201

Court Reservations
 Hitting Wall

• Tennis Leagues

• Impromptu Programs • Tennis Classes

• Interactive Sport Wall

www.tempe.gov/pkrec/krc/tennis



#### **Pool Information** 480-350-5201

- Wave pool
- Lap swimming
- Open swim
- Swimming lessons
- Lifeguard training
- Specialty classes



### Programs at Kiwanis Recreation Center

See complete listings in Activities for Youth, Teens, Adult and Family Sections. *Look for* Location Code KRC

#### 480-350-5201

#### Adults

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#### **Gymnasium Information** 480-350-5201

Fees for gym when supervised. Rates are lower when the gym is unstaffed.

Adults (18 yrs & up) \$1.50 Children (6-17 yrs)

- Open Play Volleyball Leagues
- Youth/Teen Basketball Camps



### Birthday Party Packages 480-350-5751

- Splash and Play Wave Pool Fun
- 3-Point Birthday Shoot Out
- Bump, Set, Spike Birthday Party
- Smashing Tennis Birthday Bash"Mad Science" Birthday Fun
- Mother Goose Birthday Rhymes
- Birthday Fun with "Footz the Clown" • Cookie Time with "Footz the Clown"
- · Magical Mystery Birthday
- · Beads of Fun Birthday Party \*Food packages available\*

www.tempe.gov/pkrec/krc/bdaykrc.htm

# **Batting Range**

6005 S. All-America Way Tempe, AZ 85283 • 480-350-5727

Fees: Tokens @ 50 cents each = 1 Game/12 pitches

Thanksgiving 11/25

Day after Thanksgiving 11/26

HOURS:



#### Beginning October 4: Monday-Friday 4-9pm Saturday 11am-6pm 2-9pm Sunday Holiday Hours: Veteran's Day 11/11 Noon-6pm

Closed

Closed



#### **GROUP LESSONS**

Hitting-Four, 1-Hour lessons in groups of 5-8 boys and girls

age 7-15 yrs. Fee: \$44. BATHIT-5 9/7-9/28 6:30pm BATHIT-6 10/12-11/2 M 6:30pm

• Tennis Camps

Pitching-Four 1-hour lessons in groups of 4-6 boys and girls age 7-15 yrs. Fee: \$44. BATPIT-5 9/9-9/30

**BATPIT-6** 10/14-11/4 Th

PRIVATE LESSONS-Private lessons are available for baseball and fast-pitch softball. Lessons for hitting, pitching and fielding are available by appointment. These may be for an individual, 2 individuals (semi-private), or for teams. Call the Batting Range for more information.

**Semi-Private** Group/Team

**Private** 

3 Lesson Package 45-minute lesson 3 Lesson Package 75 minute lesson By Quote

45-minute lesson



#### SHHHH PARTY PACKAGE The Kiwanis Park Batting Range would like to invite you and your friends to celebrate your birthday at the Batting Range. A great round of hitting and fun is waiting for you on your special day! Each party member will receive: וווון 1 CAN OF SODA • 1 BAG OF CHIPS • 1 ICE CREAM BAR • 5 TOKENS The Birthday Package fee is \$4 per child. Advance reservations are required (5 days minimum). The birthday child receives his party package FREE, with a minimum of 6 paying children. VYYY For more information call: 480-350-5727

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## **Swimming Pool Activities**

#### **Kiwanis Park Wave Pool**

Come splash and play in our indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit: Children under age 8 must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

Adults (18yrs+) \$6 Children (3-17yrs) \$3

#### **Wave Pool Hours:**

Sept. 4-Sept. 25 Saturdays: 12:30pm-4: 30pm

#### **Special Holiday Wave Pool Hours**

Sunday, Sept. 5 12:30-4:30pm Monday, Sept. 6 12:30-4:30pm

**Half Price Waves!** -2:30-4:30pm (during wave days only) No other discounts/coupons will be honored during discount wave hours.

Adults (18yrs+) \$3 Children (3-17yrs.) \$1.50

#### **Lap Swimming Hours:**

Effective Aug. 9-Dec. 4

 Monday -Friday
 7am -8:30am\*

 Monday -Thursday
 11:30am -1:30pm\*

 Monday -Thursday
 5:00pm -8:00pm\*

 Saturday
 8am -11am\*

\*Except during private rentals.

Lap Swim Admission Fees

**Adults (18 yrs and up)** \$2.25 Children (3-17 yrs) \$1.25

#### Private/Semi-Private/Small Group Lessons:

Private, semi-private and small group lessons are available through the Kiwanis Recreation Center. Call 480-350-5201 for additional information.

#### Rates per Class Meeting

rates per class meeting			
	1/2 hr	3/4 hr	1 hr
Private (1 individual):	\$14	\$19	\$24
Semi-Private (2 individuals):	\$16	\$22	\$30
Small Group (3 or 4 individuals):	\$18	\$25	\$32
Additional Person (each):	\$ 7	\$9.50	\$10

## Outdoor Swimming Pools & Recreation Swim Hours

Clark Park Pool 480-350-5203

1730 S. Roosevelt Street **Recreation Swim:** Sept. 4, 5, 6

1-5pm

McClintock Pool 480-350-5202

1830 E. Del Rio Drive

**Recreation Swim:** Sept. 4, 5, 6 1-5pm

**Escalante Pool** 480-350-5204

2150 E. Orange Street

Recreation Swim: Aug. 14 -Sept. 12

Saturday 12-4pm Sunday 1-5pm **Holiday Hours** 

Mon. Sept. 6 1-5pm

#### Fees (Do NOT apply to Kiwanis Wave Pool)

Children 6 to 17 years \$ .75 Adults 18 years and up \$1.25

## **Swimming Lesson General Information**

The City of Tempe Community Services Department provides a progressive program for students who wish to learn or improve their swimming skills. This program is based on the American Red Cross learn to swim program. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of registration. A student may register for a maximum of one (1) learn-to-swim class using any of the registration procedures below. A student may also register for special classes in addition to a swimming class.

Students may register for additional learn-to-swim classes after they have completed a class. At the end of the seventh lesson each student will be provided with a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Students will only be permitted to register for the next level of class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation 3 days prior to start date if minimum registration is not met.

## Swim Lesson Program DATES, CLASS DESCRIPTIONS AND SCHEDULES

#### Parent Assisted Lessons 30 minute classes

**Water Babies (8-12 mos):** Designed to be an infants first introduction to water adjustment with emphasis on parent participation/education as well as safety skills and fun. One child per adult.

**Parent-Infant (12-24 mos):** Designed with an emphasis on parent participation, safety skills, comfort and fun. One child per adult.

**Parent-Tot (24-36 mos):** For the older tots to continue water adjustment, swim readiness skills and safety skills. One child per adult.

**Shrimps (2 to 4 years):** For pre-school children who are not ready for an independent swim program or the child who has mastered the Parent-Tot class and is ready for more swim readiness skills. One child per adult.

#### Pre-School Age Lessons (Suggested age 3-5 years) 30 minute classes

**Tadpoles:** For children ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath holding and floating. Equivalent to Red Cross Level I.

**Guppies:** Prerequisite skills: complete water adjustment skills, blow bubbles, front and back kicking with support, walk while demonstrating alternating arm stroke and supported front and back float. Equivalent to Red Cross Level II

**Otters:** Prerequisite skills: prone and back glide with kick, coordinated back and front crawl for 5 yards, orientation to deep water. Equivalent to Red Cross Level III, Part A.

**Minnows:** Prerequisite skills: front crawl with rhythmic breathing 10 yards, back crawl 10 yards, jumps into deep water and swims 10 yards. Equivalent to Red Cross Level III, Part B.

**Starfish:** Prerequisite skills: coordinated front crawl with side breathing 10 yards, back crawl 10 yards, demonstrates treading water and elementary, backstroke kick. Equivalent to Red Cross Level IV.

#### School Age Lessons (Suggested age 6 years and up) 45 minute classes,

Seals: Prerequisite skills: for the child who has not had any previous formal instruction in aquatic skills. Class emphasis is on water adjustment skills, breath holding kicking and safety skills. Equivalent to Red Cross Level I.

**Dolphins:** Prerequisite skills: submerges face for three seconds, demonstrates front and back flutter kicks. Equivalent to Red Cross Level II.

**Sharks:** Prerequisite skills: combined front and back crawl for 5 yards, beginning level of rhythmic breathing and deep water orientation. Equivalent to Red Cross Level III.

**Porpoise:** Prerequisite skills: swim front and back crawl 10 yards, elementary backstroke kick 10 yards and demonstrate treading water. Equivalent to Red Cross Level IV, Part A.

**Flying Fish:** Prerequisite skills: swim front and back crawl 15 yards, elementary backstroke 10 yards and treading water 2 minutes. Equivalent to Red Cross Level IV, Part B.

**Swordfish:** Prerequisite skills: swim 25 yards of front crawl with side breathing, swim 25 yards of back crawl, swim 10 yards of elementary backstroke, breaststroke kick and sidestroke kick 10 yards and treads water for 2 minutes. Equivalent to Red Cross Level V.

**Stingray:** Prerequisite skills: swims 50 yards of front and back crawl, 10 yards of sidestroke and breaststroke, swims under water, butterfly kick 10 yards and treads water 2 minutes. Equivalent to Red Cross Level VI.

**Barracuda:** Prerequisite skills: swim front and back crawl 100 yards, breaststroke and sidestroke 25 yards, butterfly 10 yards, demonstrates open and flip turns, surface dives, treads water 3 minutes and racing dive. Equivalent to Red Cross Level VII.

#### Specialty Lessons -Aquatics 60 minute classes

**Adult Beginner:** (Prerequisite: 15 years of age and older). Class is designed for adults who wish to learn to swim and will be geared to meet the needs of individuals. Emphasis is on adapting to the water and introduction to the front crawl, back float and safety skills.

**Adult Intermediate:** (Prerequisite: 15 years of age and older). Class is designed for adults who have mastered the beginner skills and can swim 25 yards using a front crawl.

**Adult Stroke Improvement:** (Prerequisite: 15 years of age and older). Class is designed to improve upon and refine current skills rather than teach strokes.

**Water Fitness (Aerobics):** A fitness class incorporating warm-ups, 25-40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No swimming ability required.

**Deep Water Fitness (Aerobics):** This is a water fitness class using deep water as its medium. Participants should be comfortable in deep water. The class will use some flotation devices to exercise.





## Swimming Pool Schedules and Activities

#### **Kiwanis Pool Water Fitness Schedule** Register at Kiwanis Pool anytime classes are on-going

Class Title	Day	Time	Session 1 Aug 2-Dec 4
Deep Water	M/W	6:40pm	
Water Fitness	M/W	8:50am	
	M/W	5:30pm	
	Tu/Th	8:50am	
	Tu/Th	6:40pm	
	Sa	9am	

No Class on Sept 6, Nov 11, 25, 26

#### **Program Card Fees -Water Fitness**

4 workouts \$16 6 workouts \$24 8 workouts \$32

**Kiwanis Pool Evening Swim Lesson Schedule** 480-350-5201 Monday/Wednesday Classes Classes meet twice a week for four weeks Fees for Swim Classes: \$38

Session I **Class Title** Time 9/8 -10/4 Parent Infant 5:40pm KPI1-1D 6:15pm Parent Tot KPT1-1D Shrimps 5:05pm KSP1-1D 6:15pm KSP1-2D 5:05pm KTA1-1D **Tadpoles** 5:40pm KTA1-2D 6:50pm KTA1-3D Guppies 5:05pm KGU1-1D 5:40pm KGU1-2D 6:15pm KGU1-3D 6:50pm KGU1-4D Otters 5:40pm KOT1-1D 6:50pm KOT1-2D Minnows 5:05pm KMN1-1D 6:50pm KMN1-2D Starfish 6:15pm KST1-1D Seals KSE1-1D 5:05pm **Dolphins** 5:05pm KDL1-1D Sharks 5:05pm KSH1-1D Porpoise 6pm KPO1-1D Flying Fish 6pm KFF1-1D Swordfish KDF1-1D 6pm Stingray 6:50pm KGR1-1D Barracuda 6:50pm KBC1-1D Adult 7:45pm KAD1-1D Beginning Adult Intermediate 7:45pm KAI1-1D Adult Stroke KSI1-1D Improvement 7:45pm

#### **Special Interest Aquatic Classes**

American Red Cross Lifeguard Training -This is an American Red Cross certification course for individuals who are interested in life guarding. The course will include First Aid, CPR, as well as the lifeguard training. Must be 15 years of age and able to perform swimming skills necessary to complete the course requirements. Fee: \$110.

Oct. 5-Oct. 30 Class Dates: T/Th 7-9:30pm KLGT-1D

Water Safety Instructor -This is an American Red Cross certification course for individuals wishing to become swimming instructors. Pre-requisites -16 years of age or older, ability to perform skills appropriate for the class. No class on 11/11, 11/25 and 11/27. Fee: \$110.

Class Date: Nov. 2-Nov. 30 KWSI-1D T/Th 6:30-10pm

Arthritis Foundation Water Exercise Class -An exercise class designed to help relieve pain and stiffness caused by arthritis. This class is taught by an arthritis certified instructor. No class on 11/11 and 11/25. Fee: \$36.

KAF1-1D 16yrs+ T/Th 8/10-9/2

Session 2

KAF1-2D 16yrs+ T/Th 9/7-9/30 11:15am-12pm KRC

Session 3

KAF1-3D 16yrs+ T/Th 10/5-10/28 11:15am-12pm KRC

KAF1-4D 16yrs+ T/Th 11/2-12/2 11:15am-12pm KRC

### **Kiwanis Pool Evening Swim Lesson Schedule** 480-350-5201 Tuesday/Thursday Classes

Classes meet twice a week for four weeks Fees for Swim Classes: \$38

Class	Time	Session I 9/7 -9/30
Water Babies	5:40pm	KWB3-1D
Parent Tot	5:05pm	KPT3-1D
Shrimps	6:15pm	KSP3-1D
Tadpoles	5:05pm	KTA3-1D
	6:15pm	KTA3-2D
	6:50pm	KTA3-3D
Guppies	5:05pm	KGU3-1D
	5:40pm	KGU3-2D
	6:15pm	KGU3-3D
	6:50pm	KGU3-4D
Otters	5:05pm	KOT3-1D
	5:40pm	KOT3-2D
	6:50pm	KOT3-3D
Minnows	5:40pm	KMN3-1D
	6:50pm	KMN3-2D
Starfish	6:15pm	KST3-1D
Seals	5:05pm	KSE3-1D
Dolphins	6pm	KDL3-1D
Sharks	6pm	KSH3-1D
Porpoise	5:05pm	KPO3-1D
Flying Fish	5:05pm	KFF3-1D
Swordfish	6pm	KDF3-1D
Stingray	6:50pm	KGR3-1D
Barracuda	6:50pm	KBC3-1D



#### **Kiwanis Pool Saturday Swim Lesson Schedule** 480-350-5201 **Saturday Classes** Classes meet once a week for six weeks Fees for Swim Classes: \$28

Class	Time	Session I 9/11-10/16
Water Babies	10:45am	KWB5-1D
Parent Infant	9am	KPI5-1D
Parent Tot	10:10am	KPT5-1D
Shrimps	9:35am	KSP5-1D
	11:20am	KSP5-2D
Tadpoles	9am	KTA5-1D
	10:10am	KTA5-2D
	10:45am	KTA5-3D
	11:20am	KTA5-4D
Guppies	9am	KGU5-1D
	10:10am	KGU5-2D
	10:45am	KGU5-3D
	11:20am	KGU5-4D
Otters	9:35am	KOT5-1D
	10:45am	KOT5-2D
Minnows	9:35am	KMN5-1D
	11:20am	KMN5-2D
Starfish	10:10am	KST5-1D
Seals	9:55am	KSE5-1D
Dolphins	9am	KDL5-1D
	10:45am	KDL5-2D
Sharks	9am	KSH5-1D
	10:45am	KSH5-2D
Porpoise	9:55am	KPO5-1D
	10:45am	KPO5-2D
Flying Fish	9:55am	KFF5-1D
Swordfish	9:55am	KDF5-1D
Stingray	9am	KGR5-1D
Barracuda	9am	KBC5-1D